Final Details - 20th May 2023 v2.











All competitors are advised to read the Final Details

AYROC, EckO, SOLWAY, STAG and TINTO, welcome you to the West coast of Scotland on 28th May 2023 for the Scottish Orienteering Relay Championships at Inverawe Country Park. We have been able to use this area by kind permission of the owner, Patrick Campbell-Preston.

Important/Additional Information to Note:

- → This event uses the Sport Ident (SI) Timing.
- → Competitors are advised to carry a whistle.
- A waterproof may be required for running in depending on weather conditions & if so signs will be on display in the Parking field and in the Event Arena.
- → Full body cover is required.
- → No water will be provided. Please bring your own.
- → Please return any trophies to the Enquiries Tent on Sunday on arrival at the Relays.
- → A car key drop is available at Enquiries.
- → Please note information below concerning powerlines.
- → Please don't park in the permanent car park or use the toilets in the cafe.

Additional Safety Information

Hygiene and Ticks: Livestock and deer roam the event area and their droppings may contain serious diseases, including e-coli, so please wash hands, especially before eating.

Ticks are abundant in the area and are known to carry Lyme's disease. Please check yourself thoroughly after your run. If you are unsure how to remove a tick safely then please visit the first aid tent.

Medical Information: If you have an underlying medical condition please email the Organiser no later than 10pm on Thursday by the25th May with the relevant details and next of kin contact details. These details will be kept confidential/for emergency use only and destroyed after the event.

Contact: 58terryobrien@gmail.com

The mobile number, belonging to Terry is printed on the map but only be used in an Emergency.

Please note that participants take part at their own risk and are responsible for their own safety.

Travel and Parking

NO ENTRY AFTER, or EXIT BEFORE 12pm

Car Park: Grid Reference: NN 021316, Postcode PA35 1HU.

Inverawe is signed (Inverawe Smokery) from Bridge of Awe on the A85 east of Taynuilt; it is 1.5m/2.8km along a narrow road with regular passing places.

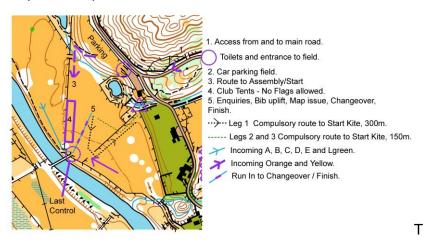
For further information about Inverawe please go to www.inverawe-fisheries.co.uk

Parking will be in a field adjacent to the permanent carpark (which we have been requested not to park in) with additional parking along adjacent roads. There may be up to a 1 km walk to assembly. There will be a £1 charge for all vehicles. Please obey any instructions from car parking marshals on both entry and exit.

Event Arena

The event arena field is adjacent to the main car parking area.

Layout Scottish Relays 2023 v1.



Club Tents and Banners - There will space for club tents in the Event Arena, as shown above.

Please note that due to overhead powerlines, it is forbidden to erect or walk around with banners or to use kites, remote controlled aerial cameras, or similar tall or flying apparatus.

The event arena will contain:

- → Enquiries / Bib uplift / Last minute changes
- → Start/Finish/Handover/Map issue
- → Relay amendments
- → First Aid Provision by Active First Aid Scotland.

Located just above the Event Arena in the permanent carpark will be:

- The Inverawe Cafe which will be serving burgers (handmade by the local butcher) from the
- → BBQ with a selection of gourmet sauces along with their usual delicious menu of smoked
- salmon sandwiches and other goodies available from the cafe. TBC

Toilets – These will be located on the left just before the entrance to the main carpark.

Dogs

Dogs are permitted in the event arena but **NOT** on the courses, and must be on leads at all times. Please clear up any mess.

Collection of Team Race Numbers

Should be uplifted from the Enquiries Tent by your Club Representative no later than 10am on the Sunday morning. Teams need to supply their own pins.

Your Team Race Numbers have now been added to prefix your Team Names and are shown on the Si Events website SiEntries - Scottish Relay Orienteering Champs

Start and changeover

The junior classes BOF 36- and 44- will start at 10.30am with call up 15 minutes before at 10.15am. All senior classes will start at 10.45am with call up 15 minutes before at 10.30am.

The sequence of bib colours is red, white, blue.

After map issue, second and third leg runners will wait in a holding area before moving forward to the changeover line as their incoming runner approaches. Incoming runners will only be visible from the last control, so waiting runners will need to be vigilant. All competitors must download even if they don't complete their course. On exiting download there will be a compulsory map collection area. One representative from each club should collect the club's map bag from the finish area after all competitors have started.

Mini-mass start(s) will happen at appropriate times if necessary.

Courses close at 3.00pm.

Terrain & Map Information

An area of many terrain types with considerable rock and contour detail and mostly good runnability. In the south, a complex, undulating area of deciduous woodland surrounds two fishing ponds. This area has a good path network. To the north the land rises steeply though beautifully open beech woodland backed by complex moorland with spectacular views up Loch Etive. The longest Courses (A, B and C) will experience some tougher underfoot conditions with areas of tussocks and bog myrtle, but courses have been planned with an eye to runnability. All Courses will finish with a fast, flat run through fields adjoining the River Awe.

There are marked crossing points on many fences and use of these is compulsory.

Courses A, B and C do need to use a 7ft stile to cross a deer fence. Other courses make use of a broken fence at a different place to cross the same fence.

Please report any damage caused to fences or walls at the finish.

- → Maps are printed at a cale of 1:10,000 for all except Orange and Yellow who shall have their maps printed at scale 1:5,000. Original survey was by Stirling Surveys in 2006. Updates were made in May 2015 and minor updates by Ross and Terry in 2023.
- → Power lines have been omitted from the 1:10,000 maps. In the fields this greatly improves clarity and in the open area it removes some of the few line features, enhancing the navigational challenge.
- → Many areas mapped as rough open have extensive scattering of small trees meaning that they may appear as semi-open.
- An area encountered soon after the start has a number of play structures in the woods, including a low fence and minor paths. These are not mapped, except for one significant, elevated structure which is mapped as a black X.

Course Information and safety notes

Leg 1 have an additional 300m run to the Start Kite

For Legs 2 and 3 the run tothe Start Kite is 150m

Approximate Relay Leg Length

A Courses 5.7 km, 280 m climb B Courses 4.9 km, 260 m climb C Courses 4.2 km. 215 m climb 3.3 km, 155 m climb D Courses E Course 2.9km 125m climb Light Green 3.3 km, 175 m climb Orange 2.2 km, 55 m climb Yellow 1.8 km, 25 m climb

Course order by class

Categories	Classes	Leg 1	Leg 2	Leg 3
1.	Open	Α	Α	Α
2.	Women's Open	В	С	С
3.	8+ points	Α	В	С
4.	11+ points	В	С	С
5.	14+ points	В	D	С
6.	17+ points	С	D	С
7.	20+ points	D	D	С
8.	23+ points	Е	D	С
9.	Junior: Total BOF age 44-	LG	0	LG
10.	Junior: Total BOF age 36-	Υ	Υ	0

- → Courses A, B, C and D have some forking/gaffling.
- → All courses use a number of compulsory crossing points to cross fences. These are indicated as compulsory in the control descriptions and on the course overprint.
- → The main access road to Inverawe is out of bounds, indicated by overprinted red crosses. Courses will cross this road at marshalled crossing points and briefly run along it on the second time of crossing. While this is a very quiet road, please take care when crossing it.
- → A private road through the estate will be used by Yellow and Orange courses. There may be occasional vehicles on this road, however residents have been warned of the event and marshalls will be present to warn incoming vehicles.
- There are a number of small areas overprinted as out of bounds within the competition area. One of these is a junk yard with a number of hazards. A second is the area surrounding a caravan near the ponds and a new area where wild boar are being reared. Please respect these.
- → The run-out from assembly passes adjacent to some bee hives through a hazardous area of waste treatment tanks related to the smokery. The boundary of the safe route will be clearly

marked on either side by black and yellow hazard tape. Please do not cross these tapes!



→ Board walks in the pond areas are somewhat old. Please use them with care as planks may be loose.



Shadowing

Shadowing (or taking part as a pair) is permitted but the whole team will compete as non competitive. The person shadowing must complete their own run before shadowing and they must not pick up a map at the start.

Results and Prize Giving

The philosophy of the Scottish Relays is that all teams are competitive. Runners need not be from the same club, they need not be of the correct age class or handicap value for the class they are running, and runners may even run twice. However, in order to be eligible to be Scottish Champions, teams must be of members of the same Scottish club, or a neighbouring club alliance, and they must fit age, gender or requirements for the class they are running. The two open classes and the age class/handicap classes all start together to enhance the racing experience.

The link for live results shall be emailed out to Team Captains once confirmed.

Prizegiving

Shall start at 1pm for Saturday's Individual Championships to be followed at approximately 1:30pm by the Relay Prizegiving.

Relay	Trophy description	
Open	Rose bowl	
Women's Open	Silver cup	
Age-Class Championship	Quaich	
Junior Championship	Atholl Orienteering Cup	
Junior 44-	Quaich with wooden base	
Junior 36-	Quaich with tall base	

The Scottish Age-Class Champions will be the first eligible Age-Class team to finish from any of the Relays 3 to 8. The Scottish Junior Champions will be the first eligible team of three M/W10-20s to finish from any of the Relays 3 to 8. No team may win more than one trophy. If an all-junior team is the fastest in Relays 3 to 8, they will be awarded the Junior Championship trophy, and the fastest team including a senior will be awarded the Age-Class Championship trophy.

An all-junior team should be identified when entering, and the entry system should be set up to facilitate this.

Medals will be awarded to all team members in the 1st, 2nd and 3rd teams in all Relays, thus acknowledging other winners of Relays 3 to 8. Additional prizes may be awarded to them, and other highly-placed teams, at the organiser's discretion.

Protests & Complaints

There is a procedure which all competitors should follow if they feel that the Rules are not being followed.

Any complaint should initially be discussed with the Event Organiser, using the Complaints/ Protests form available from Enquiries. However any approach should bear in mind that Event Officials are volunteers who have given up their valuable time to lay on the event, often under circumstances which are not ideal.

If the complaint is not resolved satisfactorily then a protest can be lodged with the Controller. The Controller will then, if necessary, convene a Jury.

Photography

In accordance with British Orienteering Child Welfare Policy and Procedures, we request that any person wishing to engage in any video, zoom or close range photography should make themselves aware of British Orienteering policy. Organisers reserve the right to challenge anyone who is giving cause for concern. If anyone has concerns about inappropriate or intrusive photography they should raise them with the Organiser or Controller.

Officials

Coordinator, Organiser and Planner: Terry O'Brien BEM (STAG)

Controller: Ross Lilley (EckO)

Computing: Alan Partridge and Andy Dale (EckO)

Prizegiving MC: Blair Young (TINTO)

People power supplied by members from AYROC, EckO, SOLWAY, STAG and TINTO.

Thank-you for your support which has made this event viable.





