

## STAG Park-N-Postbox-O Series for 2022

### What is it?

Exactly as the label suggests. A series of 10 club nights spread over the light nights of 2022 in which the controls are postboxes on urban streets and prominent features (marked with tape) in urban parks.

### How does it work?

There is something for everyone! Every club night will offer three options with 35 controls in use. In each format, controls can be visited in any order.

- Park Sprint – Visit all seven controls in the park in the quickest time possible.
- 30 Minute Score – Accumulate as many points as you can within 30 minutes
- 60 Minute Score – Accumulate as many points as you can within 60 minutes

### How does the scoring work for the Score format?

Controls are numbered in the same way for each club night

- 1-7 – Seven controls in the park, each worth 10 points
- 11-32 – 22 postboxes in urban streets, each worth 20 points
- 101-105 – Five postboxes in urban streets each worth 30 points
- 201 – One postbox in an urban street worth 40 points

The maximum number of points that can be scored (before time bonuses) in any club night is 700 (70+440+150+40)

### About the Maps

These are low-key training exercises and not all the maps will be 'proper' orienteering maps. Maps will be double-sided with the postbox map at 1:10000 scale, with the park map on the reverse at a more detailed scale.

### Start Times

The start and finish will be in the same place. On club nights, this will be managed (usually by John McK) from 6.15pm and 6.45pm. When you start/finish is entirely your decision, but we will aim for a mass start for 6.30pm.

### COVID

It's not gone away! Throughout the series we will follow the latest guidelines of the Scottish Orienteering Association (<https://www.scottish-orienteering.org/category/covid-19/>). We will continue to ask for pre-registration to assist with map printing,

### Timing

If you are not taking part in the mass start (or completing an independent run), you are asked to time your own run.

### Visiting Controls

No need to touch the control, but you are expected to pass within touching distance to register a visit. Seeing the control from afar does not count!

### **Non-conventional Controls**

Some of our urban maps have less than 28 postboxes. In these instances, John will find an alternative to make up to 28 urban street controls!

Some of our urban maps have more than 28 postboxes. In these instances, only those mapped will count.

In the parks, controls will be a range of park features, each of which will be identified by tape with a Code No. and Code Letter. The seven letters shall spell an orienteering related word.

### **Penalties and Bonuses**

*Penalties:* For every minute late (or part thereof), 10 points is deducted from your score.

*Bonus:* IF all controls are visited, for every full minute early, 5 points are added to your score.

### **Scoring**

You are asked to tally up your points and (if applicable) pass on details of your time to the Organiser.

### **Footwear**

There is no need for studded footwear. Controls can be visited along paths, pavements, and roads.

### **Independent Runs**

After the club night, the maps will be available for independent runs. However, the seven park controls shall no longer be taped. Only the postbox map will be used for independent runs.

### **Maps for Independent Runs**

After the club night, John will share PDFs of the street maps on the STAG Whatsapp Group and Fredrik will share maps on the STAG website.

### **Re-runs**

Feel free to repeat a run to improve your score. Only your highest score will count for the series.

### **Series Scoring**

John will maintain league tables – one for each format. Points accumulated in the 30-minute score will also be counted in the 60-minute score league table.

The park sprint format will be based on timing relative to the fastest finisher on the night (who will be awarded 100 points per run) but shall be split Senior / Junior / Family if required.

All ten events to counts toward the series totals.

### **Registration**

Pre-registration – form available on STAG website - by 1pm on the Friday prior to the Club Night is requested to guarantee your maps. A few extra maps shall be printed and the entry window shall then be opened as required. The number of remaining maps shall be publicised on the STAG website.

If demand is such, further maps shall be printed in house but **not** on water resistant paper for late entries.

## Entry Fees

Online payment is preferred at the point of registration. However, exact £ can also be paid on the evening of the Club Night.

£2 for our Senior Members - no fee for our Juniors/Students (confined to Parks if under 16 years).

£3 for Senior non-members.

£1 for Junior non-members.

Family Max Non-Members £5.

## The 2022 Series

Visit <https://www.stag-orienteeing.co.uk/events> for final details of event club run.

1. Wed. 6<sup>th</sup> April Pollokshields and Maxwell Park
2. Wed. 20<sup>th</sup> April Wishaw and Greenhead Moss
3. Wed. 4<sup>th</sup> May North Glasgow and Springburn Park
4. Wed. 18<sup>th</sup> May Airdrie and Central Park
5. Wed. 1<sup>st</sup> June East Kilbride and Peel Park
6. Wed. 15<sup>th</sup> June South Glasgow and Castlemilk Park
7. Wed. 3<sup>rd</sup> August Motherwell and the Duchess of Hamilton Park
8. Wed. 17<sup>th</sup> August West End and Kelvingrove Park
9. Wed. 31<sup>st</sup> August Cardonald and Bellahouston Park
10. Wed. 14<sup>th</sup> September Kilsyth and Colzium Country Park

## Need more information?

E-mail John on [johnmckendrick@blueyonder.co.uk](mailto:johnmckendrick@blueyonder.co.uk)

## Visitors Welcome

Feel free to share this briefing.