



EXCEED

Glasgow City Euro Race Weekend

May 10th-12th 2024

Bulletin 1

St. Andrew's Orienteering Club (Glasgow) (STAG) welcomes you to Glasgow for the first leg of the European City Race Tour. There is a mixed programme of urban orienteering over the weekend.

All the events are hosted close to the city centre and are easily accessible by public transport.

Programme

	Time (provisional)	Venue	Format
Fri 10 th May	6:30 – 8:00pm	Glasgow Caledonian University	Indoor
Sat 11 th May	From 1pm	University of Glasgow and Kelvingrove	Sprint Relay
Sat 11 th May	From 2pm	University of Glasgow and Kelvingrove	Individual Sprint
Sun 12 th May	10:00am – 12:00pm	Glasgow City Centre	Urban

Event Website: <https://stag-glasgow-city-race-2024.my.canva.site/>

Competition Organisers

Coordinator: Terry O'Brien (STAG)

Planners: John McKendrick (STAG, Day 1), Graeme Ackland (INT, WOC 2024 Sprint Relay Planner, Day 2), Fredrik Nordvall Forsberg, Iain Cattermole & Terry O'Brien (STAG, Day 3)

Controllers: Ben Stansfield (FVO, Day 1), Dave Robertson (CLYDE, Day 2), Blair Young (TINTO, Day 3) & Kenny Milton (STAG, Day 3)

Venues and Formats

Friday: Glasgow Caledonian University Main Building – Multilevel Indoor Orienteering in four interconnected buildings

Saturday: University of Glasgow and Kelvingrove Park – Urban Campus and City Park – Assembly at Kelvingrove Lawn Bowls and Tennis Centre.

Sunday: Glasgow City Centre – Mixed Urban Terrain – Assembly at Gorbals Leisure Centre.

The Saturday Sprint is part of the UK Orienteering League, Sunday is part of the City Race Euro Tour, UK Orienteering League, and Scottish and UK Urban League.

All events use Sport-Ident timing, with SI Air enabled.

Entries and Classes

Via SiEntries: https://www.sientries.co.uk/event.php?elid=Y&event_id=13333

Relay Entries: https://www.sientries.co.uk/event.php?elid=Y&event_id=13345

Friday Indoor Orienteering

Before 9th April: £8 Senior Member, £10 Senior Non-Member, £5 Junior/Student

After 9th April: £9 Senior Member, £11 Senior Non-Member, £6 Junior/Student

Saturday Sprint Relay

Before 9th April: £32 per team, Junior/Student £20 per team

After 9th April: £34 per team, Junior/Student £22 per team

Saturday Sprint Race

Before 9th April: £10 Senior Member, £12 Senior Non-Member, £6 Junior/Student

After 9th April: £11 Senior Member, £13 Senior Non-Member, £7 Junior/Student

Sunday City Race

Before 9th April: £15 Senior Member, £17 Senior Non-Member, £7.50 Junior/Student

After 9th April: £16 Senior Member, £18 Senior Non-Member, £8.50 Junior/Student

Classes

Friday: Short, Medium and Long

Saturday: Relay: 2x2 relay, Elite, Open and Ad-Hoc

Saturday Sprint and Sunday City Race: Men/Women Young Juniors (12-), Juniors (16-), Open, Veterans (40+), Super Veterans (55+), Ultra Veterans (65+) and Hyper Veterans (75+).

Map Notes

Friday indoor map by Graham Gristwood (WOC Mapper), 2019, updated in 2024.

Saturday and Sunday by Rudi Paul to ISSprOM 2019-2, 1:4000 2.5m contours, largely new for 2024.

Training and Associated Races

Why not make a holiday of it by linking up some other fantastic sprint orienteering opportunities in central Scotland?

Sprint Scotland - May 4th & 5th

Enjoy Masterplan Adventure's event the weekend before, taking place in Glenrothes, with 3 Sprint WREs. This is a selection race for the GB team and forms another key part of the build-up towards WOC 2024 in Edinburgh: <https://sprintscotland.weebly.com/>

WOC Training

Further training may be organised the week between Sprint Scotland and Glasgow City Race. For costs and information please contact Ian Maxwell, WOC 2024 Training Coordinator at training@woc2024.org.

Transport

We encourage participants to come by public transport where possible. Glasgow is well served by inter-city trains and buses. Flights from many destinations are available from Glasgow or Edinburgh airports.

All events are close to the centre of Glasgow and accessible by buses, local trains, the Subway or bicycle. More details in Bulletin 2.

Weather and Hazards

The average daily high in May is 15C.

Normal urban hazards apply. Take care crossing roads, which will remain open to traffic. In the event of sunshine, it is not encouraged to compete taps off.